

Create & Innovate

DRAWING ON POTENTIAL

Coaching Day on March 26, 2020 in Oulu

Visual artist, art educator **Veronica Slater** is a creativity coach and workplace community coach from Brighton, England. Under her guidance we will explore the prerequisites for creativity, the mechanisms of generating ideas as well as your own creative resources.

The coaching will start with tuning in to the day, and then continue with the actual workshop, reflection and discussion. Advanced themes may include problem solving and idea generation, self-development, promoting team collaboration or stress management.

Duration: 10 am - 4 pm, includes a lunch break.

Wear casual clothing, as we will be playing with colours in the workshop.

Maximum group size is 12 persons.

Contact: Waria Content Agency, Kaisa Kerätär, phone 045 124 2050

“I am more confident; I believe that my thinking can be creative and innovative.”

“In the future, I will be able to create space for innovation in my working life.”

“After the coaching day, I think of my work more as a rewarding process, not just in terms of the end result.””